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	<p>Official Ventura County Incident Information Source</p> <p>County updates on COVID19, plus resources on medical providers, homelessness/housing, businesses, and coping with stress.</p>	<p>CALL: (805) 465-6650</p> <p>TEXT: Send text with word SIGNS to 741741</p> <p>https://www.vcemergency.com/</p>
	<p>Clinicas Del Camino Real Services: Medical, Mental Health, Vision, Dental, Health Education.</p> <p>Simi Valley: 1424 Madera Road, Simi Valley Phone: (805) 522-5722</p> <p>Oxnard: 650 Meta Street, Oxnard Phone: (805) 487-5351</p> <p>Camarillo: 730 Paseo Camarillo, Camarillo Phone: (805) 920-7021</p> <p>Ventura: 200 South Wells Road, Ventura Phone: (805) 6476322</p> <p>Santa Paula: 500 East Main Street, Santa Paula Phone: (805) 933-0895</p> <p>Port Hueneme: 4400 Olds Road, Oxnard Phone: (805) 986-5551</p>	<p>CALL: (805) 647-6353 Day Hours (866) 885-7900 After Hours</p> <p>https://www.clinicas.org/</p> 
	<p>Gold Coast Health Plan Services: Medi-Cal beneficiaries in Ventura County.</p> <p>Gold Coast Health Plan Members (GCHP) members can now access the Advice Nurse Line 24 hours a day, seven days a week.</p>	<p>CALL: (805) 437-5001 Advice Nurse Line (877) 431-1700 Toll Free Line (888) 301-1228 Member Service Line</p> <p>www.Goldcoasthealthplan.org</p>
	<p>Support, education, and counseling resources for individuals and families in foster and kinship families.</p>	<p>CALL: (805) 643-1446 www.kidsandfamilies.org</p>

	<p>Ventura County Behavioral Health Services: Behavioral Health Wellness Services Behavioral Health Mental Health – Logrando Bienestar Substance Use Treatment Services Overdose Rescue Kit</p>	<p>CALL: 1 (866) 998-2243 Crisis Line (805) 973-5220 Logrando Bienestar 1 (844) 385-9200 24/7 Access Line (805) 667-6663 Rescue Kit</p>
	<p>Interface Children & Family Services: Domestic Violence, Mental Health, Human Trafficking, Child Abuse Prevention, Runaway and Homeless Youth</p> <p>Camarillo: 4001 Mission Oaks Blvd., Camarillo</p> <p>Oxnard: 400 South Street, Oxnard</p> <p>Santa Paula: 217 North 7th Street, Santa Paula</p> <p>Ventura: 1746 So. Ventura Ave., #220, Ventura</p> <p>Runaway & Homeless Shelter Youth ages 12-17.</p>	<p>CALL: (805) 485-6114 Main Line (805) 469-5882 Youth Crisis Line</p> <p>https://www.icfs.org/</p> 
	<p>Vista del Mar Hospital Services: psychiatric facility in located in Ventura County with a highly structured and comprehensive programs that provide mental health care.</p> <p>Location: 801 South Victoria Avenue, Ventura</p>	<p>CALL: (805) 653-6434</p> <p>1 (800) 776-0040 Toll Free</p> <p>https://www.vistadelmarhospital.com</p>
	<p>County of Ventura Human Services Agency Services: Food, Employment, Medical, Homeless, Housing and basic needs assistance.</p>	<p>VISIT:</p> <p>https://www.ventura.org/human-services-agency/community-resources/</p>
	<p>Food Share Pop-up Pantries in Ventura County</p> <p>Distributions are limited to residents of Ventura County. Proof of residence/address within Ventura County is required at all distributions. AG card is OK. All distribution locations are primarily drive-thru with walk-ups being accommodated as able at each site. Food boxes are limited to one box per ID on a first-come, first-served basis. *Boxes will be distributed at each site until supplies run out.</p>	<p>VISIT:</p> <p>https://foodshare.com/covid19/#popup-pantry</p> 

	<p>Grab-Go Meals: Ventura County school districts continue to offer meal service for students while campuses are closed. Below are Meal Pickup locations and times by district.</p> <p>Oxnard Union https://www.oxnardunion.org/meals/</p> <p>Oxnard Elementary https://www.oxnardsd.org/Page/10948</p> <p>Hueneme Elementary https://www.hueneme.org/article/207856?org=hueneme-elementary-school-district</p> <p>Santa Paula Unified https://www.santapaulaunified.org/</p> <p>Pleasant Valley District https://www.pleasantvalleyisd.org/coronavirus</p> <p>Simi Valley Schools https://www.simivalleyusd.org/covid19meals</p> <p>Ventura Unified https://www.venturausd.org/SchoolClosures.aspx</p>	<p>CALL: (805)383-1900</p> <p>https://www.vcoe.org/meals</p>
	<p>Food Pantry: Camarillo Community Church</p> <p>Location: 379 Mobile Avenue, Camarillo Days/Hours: Fridays 1:00 PM – 5:00 PM, appointment</p>	<p>CALL: (805) 482-2657</p> <p>http://camarillocommunitychurch.com/</p>
	<p>Food Pantry: Community Action of Ventura County</p> <p>Location: 621 Richmond Avenue, Oxnard Days/Hours: Thursdays 12:30 PM – 3:00 PM Drive Thru line begins at 12:30 PM *until food runs out</p>	<p>CALL: (805) 436-4000</p> <p>https://www.ca-vc.org/</p>
	<p>Food Pantry: Project Understanding</p> <p>Location: 2734 Johnson Drive, #E, Ventura Days/Hours: Mondays, Tuesdays, Wednesdays & Fridays 9:00 AM – 1:00 PM *picture ID required</p>	<p>CALL: (805) 652-1326</p> <p>http://www.projectunderstanding.org/food-pantry/</p>
	<p>Food Pantry – The Samaritan Center Simi Valley</p> <p>Location: 280 Royal Avenue, Simi Valley Days/Hours: Tuesdays, Thursdays 12:30 PM – 1:30 PM</p>	<p>CALL: (805) 579-9166</p> <p>https://samaritancentersimivalley.org/services-2/</p>

	<p>Food Pantry: A.I.R.E. & Southwinds Neighborhood Board</p> <p>Location: 300 East Clara Street, Oxnard Days/Hours: 2nd & 4th Saturdays 9:30 AM – 11:00 PM</p>	<p>CALL: (805) 612-4925 (805) 986-8300</p>
	<p>Food Pantry: Spirit of Santa Paula</p> <p>Location: 121 North Davis Street, Santa Paula Days/Hours: Wednesdays 5:00 PM – 6:00 PM</p> <p>Location: 1498 East Harvard Blvd., Santa Paula Days/Hours: Saturdays 2:30 PM – 4:30 PM *Lottery for position in line; Early birds not necessary</p>	<p>CALL: (805) 340-5025</p> <p>https://www.spiritofsantapaula.org/</p>
	<p>Food Pantry: Community Bible Church</p> <p>Location: 5040 Telegraph Road, Ventura Days/Hours: 2nd & 4th Saturdays 10:00 AM – 12:00 PM</p>	<p>CALL: (805) 339-0019</p> <p>https://cbcventura.org/</p>
	<p>California Immigrating Guide Services: COVID19 Response, Public Charge, DACA Updates</p> <p>Guía Para los Californianos Inmigrantes: En mayo estará disponible la asistencia especial para los inmigrantes en California que no califican para otros programas.</p>	<p>VISIT:</p> <p>https://files.covid19.ca.gov/pdf/wp/listos_covid_19_immigrant_guidance_es_daf.pdf</p>
	<p>OnwardCA</p> <p>OnwardCA is a resource that has been rapidly deployed to help you get money or groceries or child care; help you upskill, reskill, or refresh; and help you land a new job.</p>	<p>VISIT:</p> <p>https://onwardca.org/</p>
	<p>Employment Development Department Services:</p> <p>Unemployment, Disability, or Paid Family Leave</p>	<p>CALL: 1 (800) 300-5616 English 1 (800) 326-8937 Spanish</p> <p>https://edhttps://www.needhelp-payingbills.com/html/ventura_county_assistance_prog.html https://www.cd.ca.gov/about_edd/coronavirus-2019.htm</p>
	<p>Child Development Resources administers seven programs that provide child care assistance in Ventura County in addition to providing Head Start and Early Head Start programs.</p>	<p>CALL: (805) 485-7878</p> <p>www.cdrv.org</p>

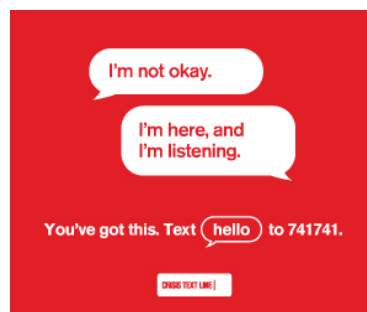
	<p>Crisis Text Line In a Crisis? Text HOME to 741741 to connect with a Crisis Counselor FREE 24/7 Support at your fingertips</p>	<p>CALL/TEXT: Send text with word HOME to 741-741 https://www.crisistextline.org/</p>
	<p>The National Domestic Violence Hotline Our highly-trained advocates are available 24/7/365 to talk confidentially with anyone experiencing domestic violence, seeking resources or information, or questioning unhealthy aspects of their relationship.</p>	<p>CALL: (800) 799-SAFE (7233) CHAT: www.thehotline.org</p>
	<p>California Partnership to End Domestic Violence If you or a loved one are experiencing domestic violence and need assistance, you may use the map in their website to find your local hotlines or domestic violence organizations in your community</p>	<p>CALL: (800) 799-SAFE (7233) https://www.cpedv.org/domestic-violence-organizations-california</p>
	<p>National Suicide Prevention Lifeline We can all help prevent suicide. The Lifeline provides 24/7, free and confidential support for people in distress, prevention and crisis resources for you or your loved ones, and best practices for professionals.</p>	<p>CALL: (800) 273-8255 CHAT: https://suicidepreventionlifeline.org/</p>
	<p>The Trevor Project (LGBTQY) The Trevor Project is the leading national organization providing crisis intervention and suicide prevention services to lesbian, gay, bisexual, transgender, queer, and questioning (LGBTQ) young people under 25. CHAT: Trevor Chat Online Instant Messaging</p>	<p>CALL: 1-866-488-7386 Trevor Lifeline TEXT: START to 678678 https://www.thetrevorproject.org/get-help-now/</p>
<p>Free Mindfulness/ Self-care Tools/Child Friendly Resources</p>	<p>Helpful Links https://www.simplehabit.com/ https://insighttimer.com/ https://www.virusanxiety.com/take-care https://www.headspace.com/ https://stories.audible.com/discovery https://giveanhour.org/staying-mentally-healthy/ https://www.wellnesseveryday.or</p>	<p>CHILD FRIENDLY: https://littlefreelibrary.org/ https://www.sparklestories.com/stuck-at-home/ https://docs.google.com/document/d/1SvldgTx9djKO6SjyvPDsoGlkgE3iExmi3qh2KRRkuw/mobiledbasic</p>

Camarillo /Simi Valley 	Vista Real Charter High School School Counselor: Nancy Mendoza Hours: Monday – Friday 8:00 AM – 3:00 PM Appointments can be made over the phone/text or email.	CALL: (805) 914-9384 EMAIL: nmendoza@vrchs.org
Oxnard 	Vista Real Charter High School School Counselor: Maria Rodriguez Hours: Monday – Friday 8:30 AM – 3:30 PM Appointments can be made over the phone/text or email.	CALL: (805) 572-5908 EMAIL: maria.rodriguez@vrchs.org
Santa Paula 	Vista Real Charter High School School Counselor: Candace Alonzo Hours: Monday – Friday 8:30 AM – 4:00 PM Appointments can be made over the phone/text or email.	CALL: (805) 833-0752 EMAIL: calonzo@vrchs.org
Port Hueneme 	Vista Real Charter High School School Counselor: Talisa Hail-Hoover Hours: Monday – Friday 8:00 AM – 3:30 PM Appointments can be made over the phone/text or email.	CALL: (805) 575-9329 EMAIL: thail@vrchs.org
Ventura 	Vista Real Charter High School School Counselor: Sergio Castellanos Hours: Monday – Friday 8:30 AM – 4:00 PM Appointments can be made over the phone/text or email.	CALL: (805) 854-8623 EMAIL: scastellanos@vrchs.org
Regional Support 	Vista Real Charter High School School Social Worker: Kira Lashkoff Appointments can be made over the phone/text or email.	CALL: (805) 285-8743 EMAIL: klashkoff@vrchs.org
Counselor Website 	School counseling website is here to provide you with academic support, career support, and social emotional support. This site is meant for you to stay up to date regarding events and resources for our Vista Real students and families.	VISIT: https://sites.google.com/vrchs.school/counseling-resources/home
Updated: 07/15/2020		

IMMEDIATE/URGENT SUPPORT

Call for Support 24/7: **1-800-273-8255**

[Click for Resources](#)



How you feel now is not how you'll feel forever.
Click here or Text HELLO to 741741 for a trained Crisis Counselor.



Get Connected. Get Help.™

<https://211ventura.org/>